

## TORNIO HEALTH CARE CENTER AND STUDENT HEALTH CARE 2017-2018

### STUDENT HEALTH CARE

Student health care is for all students studying at the University of Applied Sciences. The school nurse will invite some of the first year students for a health examination. Students themselves can make an appointment with the nurse or contact her eg. when they have need to talk to someone or find themselves in a difficult situation in their life.

### OFFICE HOURS

School nurse's offices are situated in dormitory (Kauppakatu 35 A stairs).

### **RECEPTION WITHOUT BOOKING AND PHONE SERVICE WEEKDAYS AT 8.00 – 9.45 am**

#### **Other times make an appointment**

Sini Peteri +358 50 3146505

Maria Rääpysjärvi +358 50 3109477

Minna Vallo +358 503146505

#### **Electronic appointment service:**

<https://www.ajanvaraus.fi/lappi/rms.do?url=tornio>

### FAMILY CLINIC

Advice on birth control you can call on weekdays from 11.30 to 13.00 tel. + 358 40 6328858. Appointments can be made on weekdays from 8-11 tel. +358 40 4876323.

### PSYCHIATRIC CLINIC

Getting help in time is very important if the person has a serious mental health problem.  
Tel. 040 774 3891.

### SUBSTANCE ABUSE

Piia Bimberg tel. +358 400 486053. Tornio A-clinic office tel. +358 40 8250383.

### SUDDEN ACCIDENT AND ILLNESS

**The school nurse will write sick leave notes of illness for a short time: Weekdays at 8 – 9.45 a.m.**

If school nurse is out of office, you can go straight to the ER at the Tornio Health Care Center from 8.00 to 14.00. Address: Sairaalakatu 1. Nurses take care of the patients on first-come-first-serve bases. On urgent matters (infections or accidents) the doctor is on call  
Weekdays 8.00-15.30

**Tornio health care center, Sairaalakatu 1, Tornio**  
Emergency polyclinic tel. +358 16 432814 or  
time reservation weekdays at 8.00-14.00 tel. +358 16 432835

Evenings 15.00-08.00, weekends and holidays.

Only life threatening situations. Other urgent matters during the daytime in Health care center.

**Länsi-Pohjan Keskussairaala, Kauppakatu 25, Kemi**  
Emergency polyclinic  
Tel. +358 16 243120

If you make an appointment for the doctor, remember to cancel it if something has come up, otherwise there will be a fine.

### DENTAL CARE

Appointments can be made on weekdays at 8.00 – 15.00 tel. +358 16 432 955. Remember also to cancel the dentist appointment if you can't go, because the fine will otherwise be 51.40 euros.